

READING LIKE A PRO

PT.3

GETTING IN TOUCH



THE MOUNTAIN, THE VALLEY & THE STREAM



WORKING WITH INTUITION

AN EXPERTLY GIVEN TAROT READING BLENDS INTUITION & INTELLECT IN EQUAL PARTS. THIS IS BEST DONE WHEN YOU ACT AS A CONDUIT FOR THE INFORMATION TO FLOW THROUGH. SIMPLY PUT, READING TAROT TAKES THE INFORMATION YOU RECEIVE INTUITIVELY AND USES YOUR INTELLECT TO INTERPRET THE SYMBOLS IN THE CARDS TO DELIVER INFORMATION TO THE QUIERENT. WHAT THIS MEANS IS THAT YOU SHOULD TRY TO BE AS CLEAR, BALANCED AND NEUTRAL AS POSSIBLE.

WHEN READING THE CARDS FOR A CLIENT YOUR ROLE IS ACTING AS THE MESSENGER, WHICH MEANS THE MESSAGES ARE BEST INTERPRETED WHEN YOU CAN REMAIN EMOTIONALLY NEUTRAL.



THE MOUNTAIN, THE VALLEY & THE STREAM

THE MOUNTAIN, THE VALLEY & THE STREAM

Working with your intuition is an integral part of being a tarot reader.

As much as the steps that you learn, the symbols in the tarot, and the archetypal energies that each card portrays, it is equally important to learn to use your intuitive or psychic senses. Each person has intuitive or psychic senses.

That is to say there is a part of you that is connected to the divine source and communicates with your physical self.

To better understand the hierarchy of human senses I like to use the metaphor of the mountain
and the valley and the stream.

Psychic/intuitive sensitivity works is a lot like how Internet access works.

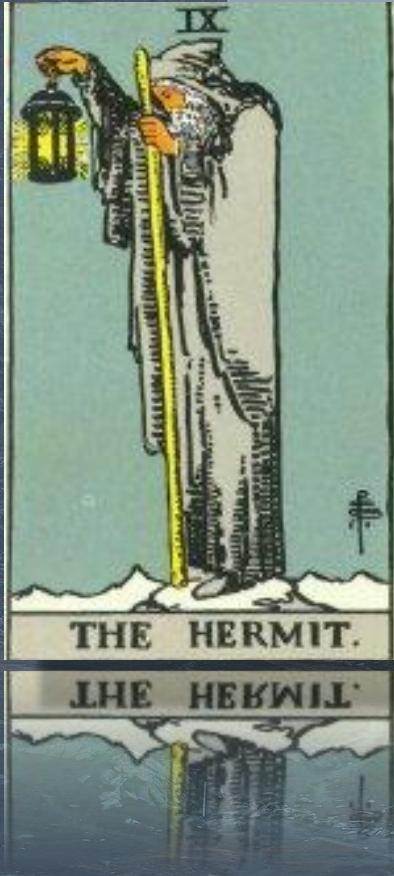
Intuitive sensitivity can be compared to accessing high speed wireless Internet.

Highly attuned psychics are able to receive and process large amounts of detailed data that can then be translated to the user.

There are some people who are more like public Internet – they get a limited supply of Internet. So they get some information, but they don't necessarily get enough of it to make sense of the information.

There are some people who don't have wireless they have what we used to call dial up. This is the kind of Internet that you have to plug your computer into and then it attempts to connect to the Internet through your phone line by —pinging

This kind of psychic/ intuitive person that has to try hard to get even small amounts of information and then they really don't know what to do with it. The information is disjointed and often hard to understand in a rational way.



THE MOUNTAIN

Imaging if you will, sitting on top of a very high mountain. You can see for hundreds of miles in any direction you choose to face.

You can see animals, people, airplanes and whatever else is within your eyes ability to perceive. The advantage to your position on the mountain is that you can see things well in advance of them ever coming close to you. You can see things that are approaching you or going away from you.

Your sense of hearing is heightened also. Because you are so far above the acoustics of the valley you can hear things long before they approach. All of these advantages allow you to foresee things.

You can anticipate to a certain extent how something might go just by **FOCUSING** your gaze in the direction of your interest. Sounds pretty good doesn't it... having all of this ability to see and hear things way before they get close enough to affect you. Having a vantage point that allows you such heightened sensitivity to perception is pretty good.

HOWEVER, BEING ON THE MOUNTAIN DOES HAVE SOME DISTINCT DISADVANTAGES ALSO.

A peril of **elevating your psychic awareness is exposure.**

Again, using the mountain metaphor you will quickly understand that as you get closer and closer to the peak of the mountain there is less and less cover from trees to protect you from the elements and or Predators.

Imagine yourself as an eagle.

You are soaring high in the sky circling your territory looking for something to eat. Your majestic eagle stomach is rumbling and you're on the hunt for something quick and easy. Something you can pick up and pick off with little effort. You know... something that is not even aware of your presence far below you on the open mountain side. As you flying around the mountain, looking for a morsel to munch, your keen eyes scan for any little bit of movement. You see something on the naked face of the mountain move, you know you can swoop down like a silent terror and snatch the unsuspecting creature into your razor sharp beak and there is nothing the little critter can do to stop you because they have nowhere to hide.



HOWEVER, BEING ON THE MOUNTAIN DOES HAVE SOME DISTINCT DISADVANTAGES.

My intention is to bring your awareness to a level of understanding that will prepare you for the fact that there are energies out there that you can't see. Intelligent energies that are just looking for a little exposed critter like you. This is why my dear it is of paramount importance that you protect yourself while on the mountain.

THE VALLEY

As human beings we ALL live in the valley.

That is to say that each and **every human being is limited to the scope of their own experiences and understanding** about the world in terms of what they are able to perceive. Each of us is **limited by both our bodies and the conditioning** we received growing up.

That is to say, that some of what influences how you feel about your feelings is in fact based upon what you learned from your family. If you grew up in a family that placed very little value on intuition then it will be rather difficult for you to easily trust in the feelings you get.

Well, now that makes things easier doesn't it?

Another scenario is **if you have had a traumatic event or experience** that your intuition foreshadowed. For some people, if they had witnessed or were directly involved in a tragic or traumatic event and they had some precognition of what was to come, and were ultimately helpless to change the outcome of the event - these people will often — **"shut down"** the intuitive part of themselves as a protective coping mechanism. In other words... they don't want to know about any bad news if they can't change what happens.

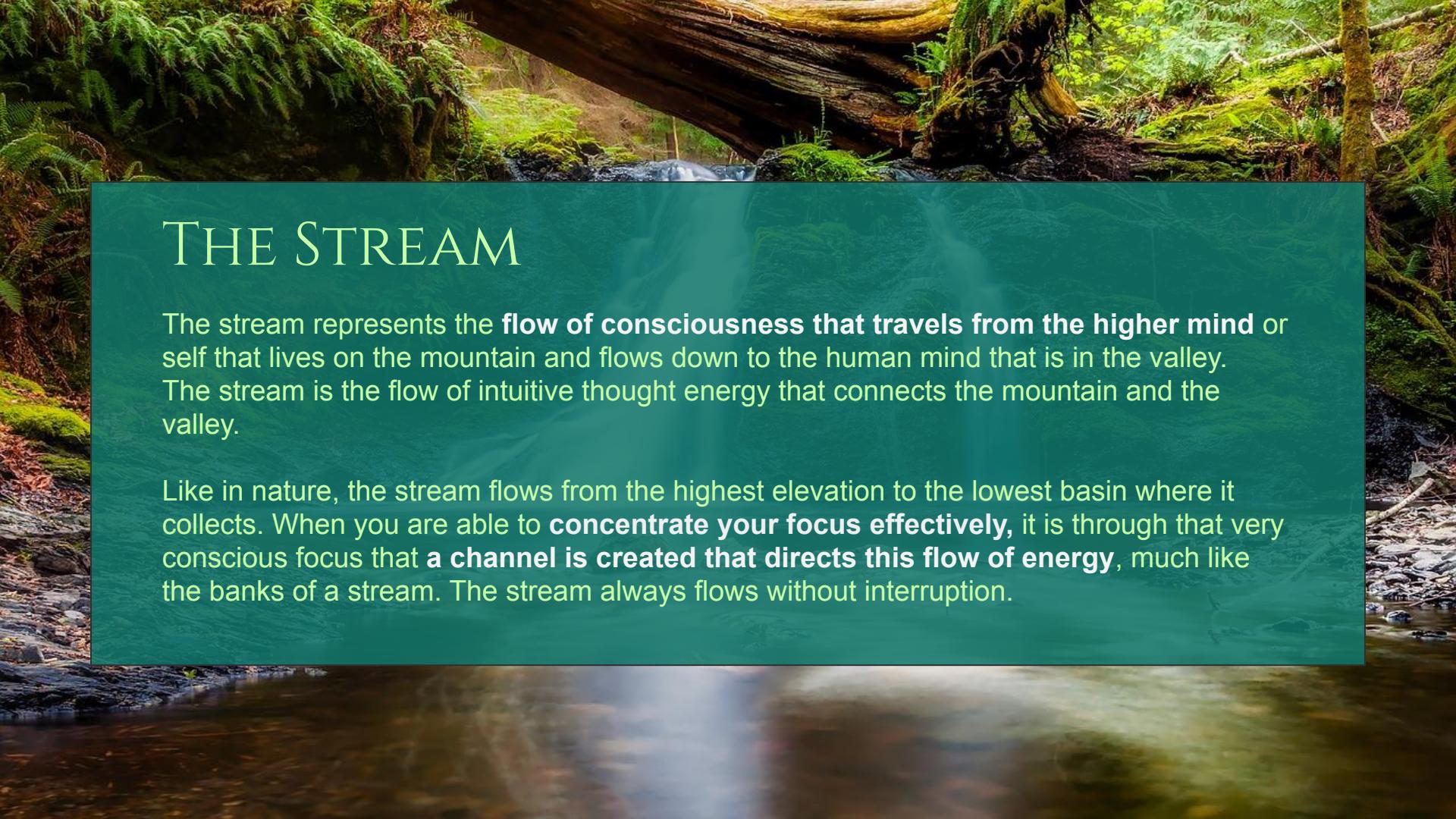


THE VALLEY is *not* something to hate or attempt to reject.

It is not a place you need to escape from, instead it is the mental and emotional platform from which you will ascend and achieve a more **matured sense of self and existentialism.**

The whole **purpose** of being in the valley is to come to the understanding that **it is only a place that is temporary** and that we spend a very short time here while on this Earth.

- The valley is all about **structure, limitation and restricted perceptions**. And being fully immersed in the human experience of **physical, mental and emotional limitations**
- The valley by nature, is somewhat darkened as the mountains will sometimes obscure the light from the sun in the sky.
- The mountain represents the part of the self that you must climb and conquer in order to fully embody and embrace your fullest potential.
- The mountain, from the perspective of the valley is **made of self-doubt, fear and conditioning** which inhibits your easy ascent to its peak. It is also fraught with challenges that make navigating to the peak extremely difficult.
- The valley from the perspective of the mountain is not much more than **a place from which we all endeavour to elevate ourselves**.
- The mountain sees the valley with **compassion**. The valley sees the mountain with **hope and sometimes fear**.

The background image shows a dense forest with a stream flowing through it. A large, fallen tree trunk lies across the stream, creating a natural bridge. The surrounding trees are covered in moss and ferns, and sunlight filters through the canopy, creating dappled light on the water and rocks.

THE STREAM

The stream represents the **flow of consciousness** that travels from the higher mind or self that lives on the mountain and flows down to the human mind that is in the valley. The stream is the flow of intuitive thought energy that connects the mountain and the valley.

Like in nature, the stream flows from the highest elevation to the lowest basin where it collects. When you are able to **concentrate your focus effectively**, it is through that very conscious focus that **a channel is created that directs this flow of energy**, much like the banks of a stream. The stream always flows without interruption.



In Tarot water represents emotion, intuition and consciousness. Like water, our emotions are ever present and always flowing.

Healthy emotions flow from your heart center in a way which is easy to observe.

Whether those emotions are "positive" or —"negative" is not as important as if those emotions are allowed to flow from their source unhindered.

Unexpressed feelings will manifest blockages.

First of all, an obstruction causes emotional energy to collect up and strain your system.

No matter what the flow of emotion will find a way to answer the call of gravity, destroying everything around you, if by no other means than the weight of its accumulation.



Also, if the water in the stream is polluted, it is just as dangerous as when the flow is blocked.

Pollution is easy to understand but can sometimes be hard to detect especially if there are no obvious signs. Sometimes, a stream can be clear, flowing well and sparkling, leading you to believe that the stream is nourishing its environment with pure water.

Yet, if you had the right equipment and were able to analyze the water, you would see that the stream is in fact full of poisons and toxins. As a reader this is something you can and should guard against. One of the ways a person can be contaminated or toxic is by prejudices or preconceived notions.

It can be a bit tricky, but if your intention is always to serve, then you must release what you feel is best for the client and always tell the truth of what you see.

Pollution can also come into the stream if you are feeling insecure, fearful, jealous, angry, or distracted with any other negative emotion. This causes pollution because you are not neutral within your own state of being. Your energy is split, and when this occurs the stream becomes weakened and the quality of information you are able to bring forth is compromised.

Sometimes you will find that your stream is not flowing well. Unfortunately this happens even to the most experienced readers, healers and psychics. If this does happen to you, it is a sign that perhaps you need to clear yourself, your tools or even just take a small break from reading.

There are instances when the flow of the stream is inconsistent and seems to come in fits and spurts. To some degree that is actually quite normal as there are many influences that you are dealing with on a daily basis that can affect the flow of the stream as well as your ability to move along with it. However, if this kind of ebb and flow becomes a consistent pattern, that may indicate a few things you should consider.

If the flow seems to start and stop without warning, it can often mean that you aren't able to channel the energy effectively, it is absolutely crucial that you're taking good care of your body as it is the vessel through which the information, thought forms and impressions must filter through.

In other words keep your channel clean, and you have a healthy stream!

REVIEW

KEY CONCEPTS

WORKING WITH YOUR INTUITION IS AN INTEGRAL PART OF READING TAROT ACCURATELY.

INTUITIVE AND PSYCHIC SENSES WORK THROUGH A SYSTEM OF CHANNELS THAT YOU ACCESS BY FOCUSING YOUR ATTENTION.

IT IS IMPORTANT THAT YOU UNDERSTAND THAT WHEN YOU ARE ACCESSING HIGHER LEVELS OF CONSCIOUSNESS YOU ARE EFFECTIVELY NOW A BEACON THAT ATTRACTS ATTENTION FROM ALL SORTS OF INTELLIGENT CONSCIOUSNESSES. NOT ALL OF WHICH ARE FRIENDLY OR HELPFUL.

THE VALLEY REPRESENTS THE PART OF YOURSELF THAT IS LIMITED BY YOUR FIVE SENSES AND THE CONDITIONING YOU MAY HAVE RECEIVED THROUGHOUT YOUR LIFE. THIS IS ESSENTIALLY EXPERIENCED AS THE HUMAN CONDITION.

THE STREAM REPRESENTS THE CONNECTION BETWEEN THE MOUNTAIN (HIGHER CONSCIOUSNESS) AND THE VALLEY (HUMAN EXPERIENCE)

IN ORDER TO KEEP YOUR READINGS ACCURATE AND OF SERVICE YOU MUST GUARD AGAINST ANYTHING THAT CAN POLLUTE YOUR STREAM

