

Myers Briggs Personality Type Interpretation

ISFJ

The Nurturer

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The following interpretation is based on the results of the MBTI Personality test you participated in. The test was first published in 1943 and has been used by many institutions and therapists the world over. The purpose for using this test in my coaching is to help both of us to get an objective snapshot your personality and which strengths to play to as well as what areas need some strength training.

Please take time to carefully read through each point and remember that the purpose of participating in this test is to bring to light what personality traits shape your approach to navigating life. Bear in mind the results are not about if you are doing things right or wrong, it is to shed light upon the personality traits that have either helped or inhibited you in achieving your goals.

Though the MBTI is considered by most to be very accurate you may read through the interpretation and perceive characteristics you may not see in yourself. With the traits you do not resonate with it may be that they are not present or not fully expressed either way it is fine.

The characteristics that you can easily identify should be seen as a snapshot of your personality. The results of the test are to be used as a stepping off point. I can't stress enough that the results are not hard and fast nor are they a place to become stuck. As you evolve you will find traits that were once considered weaknesses have, through your effort, morphed into strengths.

After reading the interpretation please take time to fill in the boxes provided on the interpretation page with as many strengths and weaknesses that you feel are accurately identified by the test. When you have done this we will discuss your feelings about your observations.

*****A more in depth and comprehensive interpretation based on your results is available upon request. You may find it helpful to have the results more intensely defined in a one on one session.**



The Nurturer

Jungian functional preference ordering:

Dominant: Introverted Sensing

Auxiliary: Extraverted Feeling

Tertiary: Introverted Thinking

Inferior: Extraverted Intuition

ISFJ's generally have the following traits:

Large, rich inner store of information which they gather about people, highly observant and aware of people's feelings and reactions

Excellent memory for details which are important to them

Very in-tune with their surroundings - excellent sense of space and function

Can be depended on to follow things through to completion

Will work long and hard to see that jobs get done

Stable, practical, down-to-earth - they dislike working with theory and abstract thought

Dislike doing things which don't make sense to them

Value security, tradition, and peaceful living

Service-oriented: focused on what people need and want

Kind and considerate

Likely to put others' needs above their own

Learn best with hands-on training

Enjoy creating structure and order

Take their responsibilities seriously

Extremely uncomfortable with conflict and confrontation

ISFJ	
Please enter your perceived strengths and weaknesses.	
Strength	Weakness

ISFJ Strengths

Warm, friendly and affirming by nature, service-oriented, wanting to please others, good listeners

Will put forth lots of effort to fulfill their duties and obligations, excellent organizational capabilities

Good at taking care of practical matters and daily needs, usually good (albeit conservative) at handling money

Take their commitments seriously, and seek lifelong relationships

ISFJ Weaknesses

Don't pay enough attention to their own needs, may have difficulty branching out into new territory. Extreme dislike of conflict and criticism Unlikely to express their needs, which may cause pent-up frustrations to build inside have difficulty leaving a bad relationship, has difficulty moving on after the end of a relationship.

