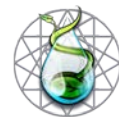


Myers Briggs Personality Type Interpretation

ISTJ

The Duty Fulfiller

Alysa Bartha CCP
Neo Vida Life Coaching



The following interpretation is based on the results of the MBTI Personality test you participated in. The test was first published in 1943 and has been used by many institutions and therapists the world over. The purpose for using this test in my coaching is to help both of us to get an objective snapshot your personality and which strengths to play to as well as what areas need some strength training.

Please take time to carefully read through each point and remember that the purpose of participating in this test is to bring to light what personality traits shape your approach to navigating life. Bear in mind the results are not about if you are doing things right or wrong, it is to shed light upon the personality traits that have either helped or inhibited you in achieving your goals.

Though the MBTI is considered by most to be very accurate you may read through the interpretation and perceive characteristics you may not see in yourself. With the traits you do not resonate with it may be that they are not present or not fully expressed either way it is fine.

The characteristics that you can easily identify should be seen as a snapshot of your personality. The results of the test are to be used as a stepping off point. I can't stress enough that the results are not hard and fast nor are they a place to become stuck. As you evolve you will find traits that were once considered weaknesses have, through your effort, morphed into strengths.

After reading the interpretation please take time to fill in the boxes provided on the interpretation page with as many strengths and weaknesses that you feel are accurately identified by the test. When you have done this we will discuss your feelings about your observations.

*****A more in depth and comprehensive interpretation based on your results is available upon request. You may find it helpful to have the results more intensely defined in a one on one session.**



The Duty Fulfiller

Jungian functional preference ordering:

Dominant: Introverted Sensing

Auxiliary: Extraverted Thinking

Tertiary: Introverted Feeling

Inferior: Extraverted Intuition

ISTJ's generally have the following traits:

Value tradition, security, and peaceful living

Will work long and hard to fulfill duties

Can be depended on to follow through on tasks

Loyal and faithful, Stable, practical and down-to-earth

Family-minded

Dislike doing things which don't make sense to them

Dislike abstract theory, unless they see the practical application.

Natural leaders prefer to work alone, but work well in teams

when necessary. Extremely observant, they take in facts via their senses and store them internally.

Vast, rich inner store of facts which they rely on to understand problems which they encounter in their lives

Profound respect for facts and concrete information

Make decisions objectively, applying logic and rational thinking.

Dislike change, unless they are shown its benefit in a concrete way. Have strong opinions about the way things should be done.

Appreciate structured, orderly environments. Have very high standards for their own behavior and the behavior of others. Not

naturally in-tune with other people's feelings. Able to

accomplish almost anything if they put their minds to it

Community minded "good citizens"

ISTJ	
Please enter your perceived strengths and weaknesses.	
Strength	Weakness

ISTJ Strengths

Honor their commitments. Take their relationship roles very seriously.

Usually able to communicate what's on their minds with precision. Good listeners. Extremely good (albeit conservative) with money. Able to take constructive criticism well, able to tolerate conflict situations without emotional upheaval. Able to dole out punishment or criticism when called for

ISTJ Weaknesses

Tendency to believe that they're always right, tendency to get involved in "win-lose" conversations

Not naturally in-tune with what others are feeling. Their value for structure may seem rigid to others

Not likely to give enough praise or affirmation to their loved ones.

